

# Course Outline

Fashion and Interior Design

REVISED: July/2022

**Job Title**  
Esthetician

**78-45-85**

**Career Pathway:**  
Personal Services

**Esthetician/3**

**Industry Sector:**  
Fashion and Interior Design

**Credits:** 15

**Hours:** 200

**O\*NET-SOC CODE:**  
39-5094.00

**Course Description:**

This competency-based outline is the last of a three-series esthetician training and offers the 200-hour course conducted under the rules and regulations issued by the California State Board of Barbering and Cosmetology (CSBBC). This course develops the skills needed to take and pass the license examination. Instruction includes introduction, chemistry, health, safety, and hazardous substances, electricity, disinfection and sanitation, bacteriology, anatomy, and physiology, client preparation, general esthetics and the treatment rooms, manual, electrical and chemical facials, makeup, eyelash and brow beautification, hair removal, employability skills and resume preparation, salon/spa business, and a final evaluation. The competencies in this course outline are aligned with the California High School Academic Content Standards and the California Career Technical Education Model Curriculum Standards.

**CBEDS Title:**  
Cosmetology

**Prerequisites:**

Enrollment requires successful completion of Esthetician/2 (78-45-83) course.

**CBEDS No.:**  
5812

**NOTE:** For Perkins purposes this course has been designated as a **capstone** course.

This course **cannot** be repeated once a student receives a Certificate of Completion.



## **COURSE OUTLINE COMPETENCY-BASED COMPONENTS**

A course outline reflects the essential intent and content of the course described. Acceptable course outlines have six components. (Education Code Section 52506). Course outlines for all apportionment classes, including those in jails, state hospitals, and convalescent hospitals, contain the six required elements:

(EC 52504; 5CCR 10508 [b]; Adult Education Handbook for California [1977], Section 100)

### **COURSE OUTLINE COMPONENTS**

### **LOCATION**

#### **GOALS AND PURPOSES**

Cover

The educational goals or purposes of every course are clearly stated and the class periods are devoted to instruction. The course should be broad enough in scope and should have sufficient educational worth to justify the expenditure of public funds.

The goals and purpose of a course are stated in the COURSE DESCRIPTION. Course descriptions state the major emphasis and content of a course, and are written to be understandable by a prospective student.

#### **PERFORMANCE OBJECTIVES OR COMPETENCIES**

pp. 7-16

Objectives should be delineated and described in terms of measurable results for the student and include the possible ways in which the objectives contribute to the student's acquisition of skills and competencies.

Performance Objectives are sequentially listed in the COMPETENCY-BASED COMPONENTS section of the course outline. Competency Areas are units of instruction based on related competencies. Competency Statements are competency area goals that together define the framework and purpose of a course. Competencies fall on a continuum between goals and performance objectives and denote the outcome of instruction.

Competency-based instruction tells a student before instruction what skills or knowledge they will demonstrate after instruction. Competency-based education provides instruction which enables each student to attain individual goals as measured against pre-stated standards.

Competency-based instruction provides immediate and continual repetition. In competency-based education the curriculum, instruction, and assessment share common characteristics based on clearly stated competencies. Curriculum, instruction and assessment in competency-based education are: explicit, known, agreed upon, integrated, performance oriented, and adaptive.

**COURSE OUTLINE COMPETENCY-BASED COMPONENTS**  
**(continued)**

<b>COURSE OUTLINE COMPONENTS</b>	<b>LOCATION</b>
<p><b>INSTRUCTIONAL STRATEGIES</b></p> <p>Instructional techniques or methods could include laboratory techniques, lecture method, small-group discussion, grouping plans, and other strategies used in the classroom.</p> <p>Instructional strategies for this course are listed in the TEACHING STRATEGIES AND EVALUATION section of the course outline. Instructional strategies and activities for a course should be selected so that the overall teaching approach takes into account the instructional standards of a particular program, i.e., English as a Second Language, Programs for Adults with Disabilities.</p>	p. 18
<p><b>UNITS OF STUDY, WITH APPROXIMATE HOURS ALLOTTED FOR EACH UNIT</b></p> <p>The approximate time devoted to each instructional unit within the course, as well as the total hours for the course, is indicated. The time in class is consistent with the needs of the student, and the length of the class should be that it ensures the student will learn at an optimum level.</p> <p>Units of study, with approximate hours allotted for each unit are listed in the COMPETENCY AREA STATEMENT(S) of the course outline. The total hours of the course, including work-based learning hours (community classroom and cooperative vocational education) is listed on the cover of every CBE course outline. Each Competency Area listed within a CBE outline is assigned hours of instruction per unit.</p>	Cover pp. 7-16
<p><b>EVALUATION PROCEDURES</b></p> <p>The evaluation describes measurable evaluation criteria clearly within the reach of the student. The evaluation indicates anticipated improvement in performances as well as anticipated skills and competencies to be achieved.</p> <p>Evaluation procedures are detailed in the TEACHING STRATEGIES AND EVALUATION section of the course outline. Instructors monitor students' progress on a continuing basis, assessing students on attainment of objectives identified in the course outline through a variety of formal and informal tests (applied performance procedures, observations, and simulations), paper and pencil exams, and standardized tests.</p>	pp. 18-19
<p><b>REPETITION POLICY THAT PREVENTS PERPETUATION OF STUDENT ENROLLMENT</b></p> <p>After a student has completed all the objectives of the course, he or she should not be allowed to reenroll in the course. There is, therefore, a need for a statement about the conditions for possible repetition of a course to prevent perpetuation of students in a particular program for an indefinite period of time.</p>	Cover

## **ACKNOWLEDGMENTS**

Thanks to ROXANA SANCHEZ, SHAMIRAN YERMILOVA and AARON SAENZ for developing and editing this curriculum. Acknowledgment is also given to ERICA ROSARIO for designing the original artwork for the course covers.

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# **CALIFORNIA CAREER TECHNICAL EDUCATION MODEL CURRICULUM STANDARDS**

## ***Fashion and Interior Design Industry Sector Knowledge and Performance Anchor Standards***

### **1.0 Academics**

Analyze and apply appropriate academic standards required for successful industry sector pathway completion leading to postsecondary education and employment. Refer to the Fashion and Interior Design academic alignment matrix for identification of standards.

### **2.0 Communications**

Acquire and accurately use Fashion and Interior Design sector terminology and protocols at the career and college readiness level for communicating effectively in oral, written, and multimedia formats.

### **3.0 Career Planning and Management**

Integrate multiple sources of career information from diverse formats to make informed career decisions, solve problems, and manage personal career plans.

### **4.0 Technology**

Use existing and emerging technology to investigate, research, and produce products and services, including new information, as required in the Fashion and Interior Design sector workplace environment.

### **5.0 Problem Solving and Critical Thinking**

Conduct short, as well as more sustained, research to create alternative solutions to answer a question or solve a problem unique to the Fashion and Interior Design sector using critical and creative thinking, logical reasoning, analysis, inquiry, and problem-solving techniques.

### **6.0 Health and Safety**

Demonstrate health and safety procedures, regulations, and personal health practices and determine the meaning of symbols, key terms, and domain-specific words and phrases as related to the Fashion and Interior Design sector workplace environment.

### **7.0 Responsibility and Flexibility**

Initiate, and participate in, a range of collaborations demonstrating behaviors that reflect personal and professional responsibility, flexibility, and respect in the Fashion and Interior Design sector workplace environment and community settings.

### **8.0 Ethics and Legal Responsibilities**

Practice professional, ethical, and legal behavior, responding thoughtfully to diverse perspectives and resolving contradictions when possible, consistent with applicable laws, regulations, and organizational norms.

### **9.0 Leadership and Teamwork**

Work with peers to promote divergent and creative perspectives, effective leadership, group dynamics, team and individual decision making, benefits of workforce diversity, and conflict resolution as practiced in the career technical student organization (such as FHA-HERO, the California Affiliate of FCCLA).

### **10.0 Technical Knowledge and Skills**

Apply essential technical knowledge and skills common to all pathways in the Fashion and Interior Design sector, following procedures when carrying out experiments or performing technical tasks.

### **11.0 Demonstration and Application**

Demonstrate and apply the knowledge and skills contained in the Fashion and Interior Design anchor standards, pathway standards, and performance indicators in classroom, laboratory and workplace settings and through the career technical student organization (such as FHA-HERO, the California Affiliate of FCCLA).

## ***Fashion and Interior Design Pathway Standards***

### **C. Personal Services Pathway**

Students who follow the Personal Services pathway develop the essential concepts, knowledge, principles, and skills to be successful in the career opportunities in this industry. Careers or subjects in this field include barbering, cosmetology, electrology, esthetics, advanced esthetics, makeup artistry, and manicuring, with the emphasis on client consultation, health/safety, service/treatment protocols, product/equipment knowledge, marketing/promotion, management, and business practices.

Sample occupations associated with this pathway:

- ◆ Barber
- ◆ Esthetician
- ◆ Hair Stylist
- ◆ Makeup Artist
- ◆ Manicurist

- C1.0 Identify the importance of state board licensing, rules and regulations for the beauty industry.
- C2.0 Recognize the different communication skills that are necessary to be successful in the personal service career pathways of the beauty industry.
- C3.0 Explain the importance of following the federal and state health and safety regulations, Occupational Safety and Health Administration (OSHA) regulations, infection control practices for the beauty industry.
- C4.0 Describe importance of keeping up with new trends, technologies, product development, new equipment, and services for clients.
- C5.0 Demonstrate the key concepts and principles to designing and performing services and treatment plans for clients.
- C6.0 Employ the leadership and business management practices and cultural proficiencies that would lead to success in the beauty industry.
- C7.0 Differentiate the types of business ownership and the advantages/disadvantages of owning and/or managing a business.
- C8.0 Analyze the clients' needs, abilities, purpose, and challenges to obtaining their goals with services and treatment.
- C9.0 Explain the legal, ethical, scope of practice, and financial responsibilities that exist in the beauty industry.
- C10.0 Synthesize the treatment protocols of clients to assess, re-evaluate, and change the services or treatment plans to reach their goals.
- C11.0 Evaluate the various equipment, supplies, products, and distributors, and manufacturers, and that represent the beauty industry.
- C12.0 Assess the current state, federal and international scope of practice, rules and regulations required of professionals in the beauty industry.  
more seamless transition.

**CBE**  
**Competency-Based Education**

**COMPETENCY-BASED COMPONENTS**  
**for the Esthetician/3 Course**

COMPETENCY AREAS AND STATEMENTS	MINIMAL COMPETENCIES	STANDARDS
<p><b>A. INTRODUCTION</b></p> <p>Understand and evaluate classroom and workplace policies and procedures used in accordance with the Barbering and Cosmetology Act/the Board’s Rules and Regulations.</p>	<ol style="list-style-type: none"> <li>1. Describe the scope and purpose of the course.</li> <li>2. Describe classroom policies, procedures, ergonomics, and soft skills.</li> <li>3. Describe the different occupations in the Fashion and Interior Design Industry Sector which have an impact on the role of estheticians.</li> <li>4. Describe the opportunities available for promoting gender equity and the representation of non-traditional populations in esthetician.</li> <li>5. Interpret OSHA policies, procedures, and regulations for the workplace environment.</li> <li>6. Identify the rules and regulations issued by the California State Board of Barbering and Cosmetology (CSBBC).</li> <li>7. Describe the state licensing requirements.</li> <li>8. Describe the need for state supervision of all esthetician-related occupations.</li> <li>9. Identify good cosmetologist practices within the guidelines of the CSBBC.</li> <li>10. Identify violations of the Barbering and Cosmetology Act and recommend correct practices.</li> <li>11. Discuss basic labor laws.</li> <li>12. Discuss physical and sexual assault awareness.</li> </ol>	<p><b>Career Ready Practice:</b> 1, 2, 4, 5, 7, 8, 11, 12</p> <p><b>CTE Anchor:</b> Academics: 1.0 Communications: 2.3, 2.4, 2.5, 2.6 Career Planning and Management: 3.1, 3.4 Technology: 4.1, 4.3, 4.5 Problem Solving &amp; Critical Thinking: 5.2, 5.4, 5.6 Health and Safety: 6.1, 6.2, 6.4, 6.5, 6.6, 6.7, 6.8 Responsibility and Flexibility: 7.2, 7.3, 7.4, Ethics and Legal Responsibilities: 8.2 Leadership and Teamwork: 9.5, 9.6 Technical Knowledge and Skills: 10.1, 10.2, Demonstration and Application: 11.1, 11.2</p>

COMPETENCY AREAS AND STATEMENTS	MINIMAL COMPETENCIES	STANDARDS
(5 hours)		<b>CTE Pathway:</b> C1.0, C1.2, C1.3, C1.4, C9.1, C9.2, C12.1, C12.2, C12.3, C12.5
<b>B. CHEMISTRY IN ESTHETICIAN III</b>  Learn the chemical composition and purposes of hair and skin care preparations; study the basic physical and chemical changes of matter as they apply to the esthetician.	<ol style="list-style-type: none"> <li>1. Define pH.</li> <li>2. Identify the chemical composition of products used by the esthetician.</li> <li>3. Identify the basic physical and chemical changes of matter.</li> <li>4. Describe chemical reactions that can occur when mixing chemical products or when used on the hair, skin, and nails.</li> <li>5. Identify the symptoms of illnesses caused by allergies to various products used by the esthetician.</li> <li>6. Demonstrate the ability to store, mix, and use chemicals efficiently and safely.</li> </ol>	<b>Career Ready Practice:</b> 1, 2, 5, 6, 10, 12  <b>CTE Anchor:</b> Academics: 1.0 Communications: 2.4, 2.5, 2.6 Problem Solving & Critical Thinking: 5.1, 5.2, 5.4 Health and Safety: 6.2, 6.3, 6.6 Technical Knowledge & Skills: 10.1, 10.2 Demonstration & Application: 11.1, 11.2  <b>CTE Pathway:</b> C3.1
<b>C. HEALTH, SAFETY, AND HAZARDOUS SUBSTANCES III</b>  Understand the products, procedures, policies, and practices that promote health and safety in the workplace.	<ol style="list-style-type: none"> <li>1. Describe the Safety Data Sheets (SDS) as they apply to the esthetician profession.</li> <li>2. Describe the Occupational Safety and Health Administration (OSHA) guidelines as they apply to the esthetician profession.</li> <li>3. Describe the Environmental Protection Agency (EPA) guidelines as they apply to the esthetician profession.</li> <li>4. Describe the American Red Cross (ARC) Standards as they apply to the esthetician profession.</li> <li>5. Describe equipment care procedures.</li> <li>6. Demonstrate mastery in use and care of tools, appliances, and equipment.</li> <li>7. Identify the shop procedures for fire and earthquake safety.</li> <li>8. Identify the rules and regulations regarding the prevention of communicable diseases including HIV/AIDS and Hepatitis B.</li> <li>9. Apply sound ergonomic principles in organizing one's workspace.</li> <li>10. Pass the Safety Test with 100% accuracy.</li> </ol>	<b>Career Ready Practice:</b> 1, 2, 5, 6, 10, 12  <b>CTE Anchor:</b> Academics: 1.0 Communications: 2.4, 2.5, 2.6 Problem Solving & Critical Thinking: 5.1, 5.2, 5.4 Health and Safety: 6.2, 6.3, 6.6 Technical Knowledge & Skills: 10.1, 10.2



COMPETENCY AREAS AND STATEMENTS	MINIMAL COMPETENCIES	STANDARDS
(10 hours)		Demonstration & Application: 11.1, 11.2  <b>CTE Pathway:</b> C3.1, C3.2, C3.3
<p><b>D. ELECTRICITY IN ESTHETICIAN III</b></p> <p>Know the nature of electrical current, principles of operating electrical devices, and the various safety precautions used when operating electrical equipment.</p> <p>(5 hours)</p>	<ol style="list-style-type: none"> <li>1. Define electrical current.</li> <li>2. Discuss the principles of operating electrical equipment.</li> <li>3. Identify the electrical appliances used by the esthetician.</li> <li>4. Discuss the purposes of various electrical appliances used by the esthetician.</li> <li>5. Demonstrate use of all electrical equipment in a safe, efficient way.</li> </ol>	<p><b>Career Ready Practice:</b>            1, 2, 5, 6, 10, 12</p> <p><b>CTE Anchor:</b>            Academics:            1.0            Communications:            2.4, 2.5, 2.6            Problem Solving &amp; Critical Thinking:            5.1, 5.2, 5.4            Health and Safety:            6.2, 6.3, 6.6            Technical Knowledge &amp; Skills:            10.1, 10.2            Demonstration &amp; Application:            11.1, 11.2</p> <p><b>CTE Pathway:</b>            C3.1</p>
<p><b>E. DISINFECTION AND SANITATION III</b></p> <p>Learn the disinfection and sanitation techniques in esthetician.</p>	<ol style="list-style-type: none"> <li>1. Differentiate between disinfection and sanitation.</li> <li>2. Discuss the importance of working in a sanitary environment.</li> <li>3. Discuss the procedures needed to protect the health and safety of the consumer as well as the esthetician.</li> <li>4. Describe the disinfection and sanitation procedures to prevent contagious diseases according to the Centers for the Disease Control (CDC) guidelines.</li> <li>5. Set up and use a sanitary maintenance area.</li> <li>6. Demonstrate the ability to mix and use various disinfectant solutions.</li> <li>7. Pass a disinfection and sanitation test.</li> </ol>	<p><b>Career Ready Practice:</b>            1, 2, 5, 6, 10</p> <p><b>CTE Anchor:</b>            Academics:            1.0            Communications:            2.4, 2.5, 2.6            Problem Solving &amp; Critical Thinking:            5.1, 5.2, 5.4            Health and Safety:            6.2, 6.3, 6.6            Technical Knowledge &amp; Skills:            10.1, 10.2</p>

COMPETENCY AREAS AND STATEMENTS	MINIMAL COMPETENCIES	STANDARDS
(10 hours)		Demonstration & Application: 11.1, 11.2  <b>CTE Pathway:</b> C3.1, C3.2, C3.3
<b>F. BACTERIOLOGY, ANATOMY, AND PHYSIOLOGY III</b>  Know hair analysis techniques for wet and dry cutting.	<ol style="list-style-type: none"> <li>1. Define the following terms:               <ol style="list-style-type: none"> <li>a. bacteriology</li> <li>b. anatomy</li> <li>c. physiology</li> </ol> </li> <li>2. Discuss the growth, movement, and reproduction of bacteria.</li> <li>3. Discuss the relationship between bacteria and the anatomy and physiology of the following areas:               <ol style="list-style-type: none"> <li>a. head</li> <li>b. hair</li> <li>c. face</li> <li>d. neck</li> <li>e. skin</li> </ol> </li> <li>4. Discuss the structure of the hair and skin.</li> <li>5. Discuss the following attributes of hair:               <ol style="list-style-type: none"> <li>a. texture</li> <li>b. porosity</li> <li>c. elasticity</li> </ol> </li> <li>6. Discuss proper care for hair and skin.</li> <li>7. Identify the causes of damage to the hair and skin.</li> <li>8. Recommend treatments for various skin and hair types.</li> <li>9. Discuss conditions of the skin that may be treated by the esthetician.</li> </ol>	<b>Career Ready Practice:</b> 1, 2, 5  <b>CTE Anchor:</b> Academics: 1.0 Communications: 2.4, 2.5, 2.6 Problem Solving & Critical Thinking: 5.1, 5.2, 5.4 Health and Safety: 6.2  <b>CTE Pathway:</b> C3.1, C3.2, C3.3, C10.2
<b>G. CLIENT PREPARATION III</b>  Understand skin types versus skin conditions in relation to performance of chemical treatments; contraindications; performing skin analysis; client intake, pre and post-operative care, client record keeping and health screening.	<ol style="list-style-type: none"> <li>1. Identify most ideal skin type or condition to render best result of a chemical treatment.</li> <li>2. Understand the scope of practice for licensed estheticians in California as it relates to various chemical exfoliants.</li> <li>3. Describe treatment contraindications.</li> <li>4. Perform a skin analysis prior to chemical treatment.</li> <li>5. Perform client consultations including post treatment recommendations.</li> <li>6. Document result on client profile.</li> </ol>	<b>Career Ready Practice:</b> 1, 2, 6,7, 10  <b>CTE Anchor:</b> Academics: 1.0 Communications: 2.4, 2.5, 2.6 Health & Safety: 6.3, 6.4, 6.6 Responsibility & Flexibility: 7.7 Technical Knowledge & Skills: 10.1, 10.2, 10.3

COMPETENCY AREAS AND STATEMENTS	MINIMAL COMPETENCIES	STANDARDS
(5 hours)		Demonstration & Application: 11.1, 11.2  <b>CTE Pathway:</b> C5.1, C5.2, C5.3, C8.1, C8.2, C8.5, C10.1, C10.2, C10.3, C10.5, C12.1
<b>H. GENERAL ESTHETICS AND THE TREATMENT ROOM III</b>  Know the proper procedures to prepare the room for skin services.	<ol style="list-style-type: none"> <li>1. Explain the components of creating a professional environment and relaxing atmosphere.</li> <li>2. Demonstrate how to set up the treatment room for facial treatments prior and post each service.</li> <li>3. Describe facial equipment and supplies</li> <li>4. Demonstrate how to ergonomically organize a treatment room.</li> <li>5. Demonstrate and perform a proper clean up after each service.</li> <li>6. Demonstrate mastery in use and care of tools, appliances, and equipment following the health and safety protocols.</li> </ol>	<b>Career Ready Practice:</b> 1, 2, 6, 7, 10  <b>CTE Anchor:</b> Academics: 1.0 Communications: 2.4, 2.5, 2.6 Health & Safety: 6.2, 6.3, 6.4, 6.6 Responsibility & Flexibility: 7.7 Technical Knowledge & Skills: 10.1, 10.2, 10.3 Demonstration & Application: 11.1, 11.2  <b>CTE Pathway:</b> C5.1, C5.3, C8.1, C8.2, C10.2, C10.3
<b>I. MANUAL FACIALS III</b>  Know skin analysis, cleansing, scientific manipulations, packs, and masks; perform manual facials.	<ol style="list-style-type: none"> <li>1. Identify motor points, nerves, and muscles of the face.</li> <li>2. Conduct proper skin analysis and determine skin type.</li> <li>3. Select cosmetic preparations needed for the individual client.</li> <li>4. Identify appropriate procedures needed for a client.</li> <li>5. Apply proper skin cleansing technique.</li> <li>6. Apply proper facial manipulations to achieve the desired benefits.</li> <li>7. Perform a minimum of 5 manual facial hours on models.</li> </ol>	<b>Career Ready Practice:</b> 1, 2, 6, 7, 10  <b>CTE Anchor:</b> Academics: 1.0 Communications: 2.4, 2.5, 2.6 Health & Safety: 6.2, 6.3, 6.4, 6.6

COMPETENCY AREAS AND STATEMENTS	MINIMAL COMPETENCIES	STANDARDS
<p>(10 hours Theory 5 hours Practical) Total 15 hours</p>		<p>Responsibility &amp; Flexibility: 7.7 Technical Knowledge &amp; Skills: 10.1, 10.2, 10.3 Demonstration &amp; Application: 11.1, 11.2</p> <p><b>CTE Pathway:</b> C5.1, C5.3, C8.1, C8.2, C10.2, C10.3</p>
<p><b>J. ELECTRICAL FACIALS III</b></p> <p>Learn the basics of dermal lights and electrical modalities used in electrical facials.</p> <p>(15 hours Theory 15 hours Practical) Total 30 hours</p>	<ol style="list-style-type: none"> <li>1. Identify dermal lights and the purpose of the white, blue, and red light.</li> <li>2. Identify various client conditions that would preclude the use of an electrical appliance for a facial.</li> <li>3. Select the proper current rates for client safety and comfort.</li> <li>4. Identify and use techniques best suited to each client.</li> <li>5. Explain the use of electrical modalities: <ol style="list-style-type: none"> <li>a. high frequency</li> <li>b. galvanic current</li> <li>c. microcurrent</li> <li>d. steamer</li> <li>e. microdermabrasion</li> </ol> </li> <li>6. Perform a minimum of 15 electrical facial hours on models.</li> </ol>	<p><b>Career Ready Practice:</b> 1, 2, 6, 10</p> <p><b>CTE Anchor:</b> Academics: 1.0 Communications: 2.4, 2.6 Health and Safety: 6.2, 6.3, 6.6 Technical Knowledge &amp; Skills: 10.1, 10.2, 10.3 Demonstration &amp; Application: 11.1, 11.2</p> <p><b>CTE Pathway:</b> C5.1, C5.3, C5.4, C5.5, C8.1, C8.2, C8.3, C8.4, C8.5, C9.2</p>
<p><b>K. CHEMICAL FACIALS III</b></p> <p>Understand and apply chemical facials in accordance with the Board Rules and Regulations.</p>	<ol style="list-style-type: none"> <li>1. Describe peels and explain their exfoliating properties.</li> <li>2. Recognize the contraindications of advanced exfoliation procedures.</li> <li>3. Describe the benefits of alpha hydroxy acid peels, various peels, and various acid and enzyme exfoliants.</li> <li>4. Describe spa body treatments and Aromatherapy.</li> <li>5. Discuss various medical esthetic procedures such as injectable and dermal fillers.</li> </ol>	<p><b>Career Ready Practice:</b> 1, 2, 6, 10</p> <p><b>CTE Anchor:</b> Academics: 1.0 Communications: 2.4, 2.6</p>

COMPETENCY AREAS AND STATEMENTS	MINIMAL COMPETENCIES	STANDARDS
<p>(15 hours Theory 15 hours Practical) Total 30 hours</p>	<ol style="list-style-type: none"> <li>6. Use approved methods and techniques for light skin peels and exfoliation.</li> <li>7. Perform a minimum of 15 chemical facial hours on clients using packs, masks, scrubs and other chemical procedures during facials.</li> </ol>	<p>Health and Safety: 6.2, 6.3, 6.6 Technical Knowledge &amp; Skills: 10.1, 10.2, 10.3 Demonstration &amp; Application: 11.1, 11.2</p> <p><b>CTE Pathway:</b> C5.1, C5.3, C5.4, C5.5, C8.1, C8.2, C8.3, C8.4, C8.5, C9.2</p>
<p><b>L. MAKEUP III</b></p> <p>Understand and apply the skin analysis techniques, complete or corrective makeup application techniques.</p> <p>(10 hours Theory 10 hours Practical) Total hours 20</p>	<ol style="list-style-type: none"> <li>1. Describe the different types of cosmetics and their uses.</li> <li>2. Describe psychological aspects of makeup.</li> <li>3. Perform makeup services overview.</li> <li>4. Describe makeup products; eyeliners; eyebrow color; mascara; lip color; lip liner; makeup brushes.</li> <li>5. Describe makeup color theory; warm and cool colors; selecting makeup colors.</li> <li>6. Assess client features; analyzing face shapes.</li> <li>7. Describe corrective makeup.</li> <li>8. Describe sanitizing brushes and facial contouring.</li> <li>9. Select proper makeup shades for skin color, eye color, and hair color.</li> <li>10. Use proper highlighting techniques to bring out desirable features.</li> <li>11. Use various shading techniques to conceal facial imperfections.</li> <li>12. Practice proper techniques for the removal of makeup.</li> <li>13. Perform a minimum of 10 makeup application hours on models.</li> </ol>	<p><b>Career Ready Practice:</b> 1, 2, 6, 10</p> <p><b>CTE Anchor:</b> Academics: 1.0 Communications: 2.4, 2.6 Health and Safety: 6.2, 6.3, 6.6 Technical Knowledge &amp; Skills: 10.1, 10.2, 10.3 Demonstration &amp; Application: 11.1, 11.2</p> <p><b>CTE Pathway:</b> C5.1, C5.3, C5.4, C5.5, C8.1, C8.2, C8.3, C8.4, C8.5, C9.2</p>
<p><b>M. EYELASH AND BROW BEAUTIFICATION</b></p> <p>Understand the safe procedure of eyebrow and eyelash beautification using chemicals.</p>	<ol style="list-style-type: none"> <li>1. Define eyebrow lamination and eyelash permanent curling.</li> <li>2. Define eyebrow and eyelash tinting.</li> <li>3. Explain the proper use of chemicals for eyebrow and eyelash beautification.</li> <li>4. Explain any contraindications for the procedures.</li> <li>5. Demonstrate and perform eyebrow lamination and eyelash permanent curling.</li> <li>6. Explain the pre and post service care.</li> </ol>	<p><b>Career Ready Practice:</b> 1, 2, 6, 10</p> <p><b>CTE Anchor:</b> Academics: 1.0</p>

COMPETENCY AREAS AND STATEMENTS	MINIMAL COMPETENCIES	STANDARDS
<p>(5 hours Theory 5 hours Practical) Total hours 10</p>	<p>7. Perform a minimum of 5 eyelash and brow beautification hours on a model.</p>	<p>Communications: 2.4, 2.6 Health and Safety: 6.2, 6.3, 6.6</p> <p>Technical Knowledge &amp; Skills: 10.1, 10.2, 10.3 Demonstration &amp; Application: 11.1, 11.2</p> <p><b>CTE Pathway:</b> C5.1, C5.3, C5.4, C5.5, C8.1, C8.2, C8.3, C8.4, C8.5, C9.2</p>
<p><b>N. HAIR REMOVAL</b></p> <p>Understand and apply the use of wax, tweezers, and depilatories for the removal of unwanted hair; perform various hair removal techniques.</p> <p>(10 hours Theory 10 hours Practical) Total hours 20</p>	<ol style="list-style-type: none"> <li>1. Explain the morphology of hair and its growth stages.</li> <li>2. Describe methods of temporary and permanent hair removal.</li> <li>3. Identify different hair removal equipment, tools and accessories.</li> <li>4. Explain face and body waxing, sugaring, and threading.</li> <li>5. Name the conditions that contraindicate hair removal.</li> <li>6. Provide a thorough client consultation before hair removal.</li> <li>7. Describe proper hair removal setup.</li> <li>8. Describe and perform hair removal steps and procedures: <ol style="list-style-type: none"> <li>a. facial waxing</li> <li>b. body waxing</li> </ol> </li> <li>9. Perform a minimum of 10 hair removal hours on models.</li> </ol>	<p><b>Career Ready Practice:</b> 1, 2, 6, 10</p> <p><b>CTE Anchor:</b> Academics: 1.0 Communications: 2.4, 2.6 Health and Safety: 6.2, 6.3, 6.6 Technical Knowledge &amp; Skills: 10.1, 10.2, 10.3 Demonstration &amp; Application: 11.1, 11.2</p> <p><b>CTE Pathway:</b> C5.1, C5.3, C5.4, C5.5, C8.1, C8.2, C8.3, C8.4, C8.5, C9.2</p>
<p><b>O. EMPLOYABILITY SKILLS &amp; RESUME PREPARATION</b></p> <p>Understand, apply, and evaluate the employability</p>	<ol style="list-style-type: none"> <li>1. Understand employer requirements for soft skills such as: <ol style="list-style-type: none"> <li>a. punctuality and attendance</li> <li>b. time management</li> <li>c. flexibility and adaptability</li> </ol> </li> </ol>	<p><b>Career Ready Practice:</b> 1, 2, 3, 4, 5, 7, 8, 9</p>

COMPETENCY AREAS AND STATEMENTS	MINIMAL COMPETENCIES	STANDARDS
<p>skills required in the esthetician field.</p> <p>(5 hours)</p>	<ul style="list-style-type: none"> <li>d. interpersonal skills</li> <li>e. work ethic</li> <li>f. communication and collaboration</li> <li>g. teamwork</li> <li>h. critical thinking and problem solving</li> <li>i. leadership and responsibility</li> <li>j. ethical behavior</li> <li>k. cultural and diversity differences</li> </ul> <ol style="list-style-type: none"> <li>2. Create/revise a resume and cover letter.</li> <li>3. Discuss content creation and digital marketing strategies.</li> <li>4. Review the role of online job searching platforms and career websites.</li> <li>5. Complete and/or review an on-line job application.</li> <li>6. Interview skills to get the job: <ul style="list-style-type: none"> <li>a. Do's and don'ts for job interviews</li> <li>b. How to dress for the job</li> </ul> </li> <li>7. Create sample follow-up letters.</li> <li>8. Create a digital portfolio.</li> <li>9. Discuss social media professional policies and etiquette by following the Los Angeles Unified School District's "Acceptable Use Policy (AUP) for District Computer Systems Information for Students and Parents."</li> <li>10. Understand the importance of the continuous upgrading of job skills as it relates to: <ul style="list-style-type: none"> <li>a. certification, licensure, and/or renewal</li> <li>b. professional organizations/events</li> <li>c. industry associations and/or organized labor</li> </ul> </li> </ol>	<p><b>CTE Anchor:</b></p> <p>Academics: 1.0</p> <p>Communications: 2.2, 2.3, 2.4, 2.5</p> <p>Career Planning &amp; Management: 3.2, 3.3, 3.4, 3.6, 3.8</p> <p>Technology: 4.1, 4.3</p> <p>Problem Solving &amp; Critical Thinking: 5.1</p> <p>Responsibility &amp; Flexibility: 7.2, 7.3, 7.4, 7.7</p> <p>Ethics &amp; Legal Responsibilities: 8.4</p> <p>Leadership &amp; Teamwork: 9.2, 9.3, 9.4, 9.6</p> <p>Demonstration &amp; Application: 11.5</p> <p><b>CTE Pathway:</b> C2.5, C4.1, C4.2, C4.3, C4.4</p>
<p><b>P. THE SALON/SPA BUSINESS</b></p> <p>Understand salon/spa business operations and the employability skills required in the esthetician industry.</p>	<ol style="list-style-type: none"> <li>1. Describe the qualities necessary to be successful in an esthetician profession.</li> <li>2. Describe options for going into business for yourself, station rentals and commission agreements (refer to Employment Development Department (EDD) for guidance).</li> <li>3. Describe important factors to consider when opening a salon.</li> <li>4. Explain why it is necessary to keep accurate business records and discuss the importance of financial responsibility for business owners (consult a professional accountant for guidance).</li> <li>5. Describe and enact retail salesmanship techniques with regard to salon products and services.</li> <li>6. Describe the importance of the front desk and receptionist to a salon's success.</li> <li>7. Review the responsibilities and licensing requirements.</li> <li>8. Identify wage scales for the trade.</li> <li>9. Develop a business plan.</li> <li>10. Identify the uses of computer technology.</li> </ol>	<p><b>Career Ready Practice:</b> 1, 2, 3, 4, 5, 7, 8, 10, 11</p> <p><b>CTE Anchor:</b></p> <p>Academics: 1.0</p> <p>Communications: 2.5, 2.6, 2.7</p> <p>Career Planning &amp; Management: 3.1, 3.2, 3.6, 3.7, 3.9</p> <p>Technology: 4.1, 4.5</p> <p>Problem Solving &amp; Critical Thinking:</p>

COMPETENCY AREAS AND STATEMENTS	MINIMAL COMPETENCIES	STANDARDS
(5 hours)	11. Discuss the importance of trade conferences, trade advisories and trade publications.	5.2, 5.4 Responsibility & Flexibility: 7.3, 7.5, 7.7 Ethics & Legal Responsibilities: 8.2, 8.4 Technical Knowledge & Skills: 10.1, 10.2 Demonstration & Application: 11.1, 11.2, 11.3, 11.4  <b>CTE Pathway:</b> C2.5, C7.2, C7.3, C7.4, C9.4
<b>Q. FINAL EVALUATION</b>  Pass final examinations on esthetician.          (5 hours)	1. Pass a final written examination based on skills learned in course with a minimum of 80% or higher on all subjects.	<b>Career Ready Practice:</b> 1, 5, 10  <b>CTE Anchor:</b> Academics: 1.0 Problem Solving & Critical Thinking 5.2, 5.3, 5.4 Technical Knowledge & Skills: 10.1, 10.2, 10.3  <b>CTE Pathway:</b> C1.1, C1.2, C1.4, C5.2, C5.3, C8.2, C9.2



## ***SUGGESTED INSTRUCTIONAL MATERIALS and OTHER RESOURCES***

### **TEXTBOOKS**

Gerson, Joel. Milady's Standard: Fundamentals for Estheticians, Latest Edition. Milady Publisher; 2013.

### **RESOURCES**

Employer Advisory Board members

Representatives of manufacturers of cosmetician equipment and supplies

### **CTE MODEL CURRICULUM STANDARDS**

#### **Fashion and Interior Design Industry Sector**

<http://www.cde.ca.gov/ci/ct/sf/documents/fashioninterior.pdf>

California Board of Barbering and Cosmetology <https://www.barbercosmo.ca.gov/>

Cosmetology Rules and Regulations: [https://www.barbercosmo.ca.gov/laws\\_regs/act\\_regs.pdf](https://www.barbercosmo.ca.gov/laws_regs/act_regs.pdf)

Cosmetology Act: [https://www.barbercosmo.ca.gov/laws\\_regs/laws.shtml](https://www.barbercosmo.ca.gov/laws_regs/laws.shtml)

California Code of Regulations (Title 16, Division 9):

[https://www.barbercosmo.ca.gov/laws\\_regs/act\\_regs.shtml](https://www.barbercosmo.ca.gov/laws_regs/act_regs.shtml)

Cosmetology Performance Criteria, Latest Edition. Board of Barbering and Cosmetology.

Milady's Illustrated Cosmetology Dictionary, Latest Edition. Milady Publishing Corp., June, 2001.

### **COMPETENCY CHECKLIST**

## ***TEACHING STRATEGIES and EVALUATION***

### **METHODS AND PROCEDURES**

- A. Lecture and discussion
- B. Demonstration and participation
- C. Work live on models and practice mannequins
- D. Community resources
- E. Multi-sensory presentations
  - 1. Charts
  - 2. Films
  - 3. Mounted pictures
  - 4. Educational videos

### **EVALUATION**

SECTION A – Introduction – Pass all assignments and exams with a minimum score of 80% or higher.

SECTION B – Chemistry in Esthetician III – Pass all assignments and exams with a minimum score of 80% or higher.

SECTION C – Health, Safety, and Hazardous Substances III – Pass all safety test with a minimum 100% accuracy.

SECTION D – Electricity in Esthetician III – Pass all assignments and exams with a minimum score of 80% or higher.

SECTION E – Disinfection and Sanitation III – Pass all assignments and exams with a minimum score of 80% or higher.

SECTION F – Bacteriology, Anatomy, and Physiology III – Pass all assignments and exams with a minimum score of 80% or higher.

SECTION G – Client Preparation III – Pass all assignments and exams with a minimum score of 80% or higher.

SECTION H – General Esthetics and the Treatment Room III – Pass all assignments and exams with a minimum score of 80% or higher.

SECTION I – Manual Facials III – Pass all assignments and exams with a minimum score of 80% or higher.

SECTION J – Electrical Facials III – Pass all assignments and exams on electrical facials with a minimum score of 80% or higher.

SECTION K – Chemical Facials III – Pass all assignments and exams with a minimum score of 80% or higher.

SECTION L – Makeup III – Pass all assignments and exams with a minimum score of 80% or higher.

SECTION M – Eyelash and Brow Beautification – Pass all assignments and exams with a minimum score of 80% or higher.

SECTION N – Hair Removal – Pass all assignments and exams with a minimum score of 80% or higher.

SECTION O – Employability Skills & Resume Preparation – Pass all assignments and exams with a minimum score of 80% or higher.

SECTION P – The Salon/Spa Business– Pass all assignments and exams with a minimum score of 80% or higher.

SECTION Q – Final Evaluation – Pass all assignments and exams with a minimum score of 80% or higher.

## ***Standards for Career Ready Practice***

**1. Apply appropriate technical skills and academic knowledge.**

Career-ready individuals readily access and use the knowledge and skills acquired through experience and education. They make connections between abstract concepts with real-world applications and recognize the value of academic preparation for solving problems, communicating with others, calculating measures, and performing other work-related practices.

**2. Communicate clearly, effectively, and with reason.**

Career-ready individuals communicate thoughts, ideas, and action plans with clarity, using written, verbal, electronic, and/or visual methods. They are skilled at interacting with others: they are active listeners who speak clearly and with purpose, and they are comfortable with terminology that is common to workplace environments. Career-ready individuals consider the audience for their communication and prepare accordingly to ensure the desired outcome.

**3. Develop an education and career plan aligned with personal goals.**

Career-ready individuals take personal ownership of their educational and career goals and manage their individual plan to attain these goals. They recognize the value of each step in the educational and experiential process, and they understand that nearly all career paths require ongoing education and experience to adapt to practices, procedures, and expectations of an ever-changing work environment. They seek counselors, mentors, and other experts to assist in the planning and execution of education and career plans.

**4. Apply technology to enhance productivity.**

Career-ready individuals find and maximize the productive value of existing and new technology to accomplish workplace tasks and solve workplace problems. They are flexible and adaptive in acquiring and using new technology. They understand the inherent risks—personal and organizational—of technology applications, and they take actions to prevent or mitigate these risks.

**5. Utilize critical thinking to make sense of problems and persevere in solving them**

Career-ready individuals recognize problems in the workplace, understand the nature of the problems, and devise effective plans to solve the problems. They thoughtfully investigate the root cause of a problem prior to introducing solutions. They carefully consider options to solve a problem and, once agreed upon, follow through to ensure the problem is resolved.

**6. Practice personal health and understand financial literacy.**

Career-ready individuals understand the relationship between personal health and workplace performance. They contribute to their personal well-being through a healthy diet, regular exercise, and mental health activities. Career-ready individuals also understand that financial literacy leads to a secure future that enables career success.

**7. Act as a responsible citizen in the workplace and the community.**

Career-ready individuals understand the obligations and responsibilities of being a member of a community and demonstrate this understanding every day through their interactions with others. They are aware of the impacts of their decisions on others and the environment around them, and they think about the short-term and long-term consequences of their actions. They are reliable and consistent in going beyond minimum expectations and in participating in activities that serve the greater good.

**8. Model integrity, ethical leadership, and effective management.**

Career-ready individuals consistently act in ways that align with personal and community-held ideals and principles. They employ ethical behaviors and actions that positively influence others. They have a clear understanding of integrity and act on this understanding in every decision. They use a variety of means to positively impact the direction and actions of a team or organization, and they recognize the short-term and long-term effects that management's actions and attitudes can have on productivity, morale, and organizational culture.

**9. Work productively in teams while integrating cultural and global competence.**

Career-ready individuals contribute positively to every team, as both team leaders and team members. To avoid barriers to productive and positive interaction, they apply an awareness of cultural differences. They interact effectively and sensitively with all members of the team and find ways to increase the engagement and contribution of other members.

**10. Demonstrate creativity and innovation.**

Career-ready individuals recommend ideas that solve problems in new and different ways and contribute to the improvement of the organization. They consider unconventional ideas and suggestions by others as solutions to issues, tasks, or problems. They discern which ideas and suggestions may have the greatest value. They seek new methods, practices, and ideas from a variety of sources and apply those ideas to their own workplace practices.

**11. Employ valid and reliable research strategies.**

Career-ready individuals employ research practices to plan and carry out investigations, create solutions, and keep abreast of the most current findings related to workplace environments and practices. They use a reliable research process to search for new information and confirm the validity of sources when considering the use and adoption of external information or practices.

**12. Understand the environmental, societal, and economic impacts of decisions.**

Career-ready individuals understand the interrelated nature of their actions and regularly make decisions that positively impact other people, organizations, the workplace, and the environment. They are aware of and utilize new technologies, understandings, procedures, and materials and adhere to regulations affecting the nature of their work. They are cognizant of impacts on the social condition, environment, workplace, and profitability of the organization.

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## Statement for Civil Rights

All educational and vocational opportunities are offered without regard to race, color, national origin, gender, or physical disability.

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